

## Cascades Conservation Area



The bedrock you are standing on is part of the Canadian Shield, a large piece of rock that covers a lot of our country! The Canadian shield stretches from eastern Canada, across the Great Lakes and into Northern Manitoba.

Some of these rocks have pools of water in and around them. These small pools of water are important habitat for insects and aquatic (water) bugs.

## Aire de conservation des Cascades

Le substrat rocheux sur lequel vous vous trouvez fait partie du Bouclier canadien, un grand morceau de roche qui recouvre une grosse partie de notre pays ! Le Bouclier canadien s'étend de l'est du Canada, à travers les Grands Lacs et jusqu'au nord du Manitoba.

Certaines de ces roches ont des bassins d'eau sur et autour d'elles. Ces petits bassins sont importants pour les insectes et d'autres formes de vie aquatiques (de l'eau).

post artwork by Vivian Wood-Alexander



WHEN I VISITED, THE MOON WAS:

Can you spot any tadpoles, water striders or water boatmen in the natural pools? Look closely!  
Please don't walk in the natural pools!



**Clue:** From the parking lot take the paved trail to the right or the left. Find a bench to sit on and the post will be within your view!

**Scan Me!**

Visit our website with interactive map

